

WHAT IS CLAIMED IS:

1. An embeddable lintel block comprising:  
a rectangular base member having a first longitudinal side and a second longitudinal side;  
5 a first rectangular side member coupled to said first longitudinal side of said rectangular base member;  
a second rectangular side member spaced from said first rectangular side member and coupled to said second longitudinal side of said rectangular base member; and  
10 a plurality of spacer members coupled between said first and second rectangular side members.
2. The embeddable lintel block according to claim 1, wherein  
said spacer members are configured to form a substantially straight  
15 longitudinal passageway arranged between said first and second longitudinal side members.
3. The embeddable lintel block according to claim 2, further comprising  
a reinforcing bar coupled to said lintel block, said reinforcing bar being  
20 arranged within said longitudinal passageway.
4. The embeddable lintel block according to claim 1, wherein  
said first and second rectangular side members are fixedly coupled to said first and second longitudinal sides, respectively to form a substantially U-shaped cross-  
25 section.
5. The embeddable lintel block according to claim 1, wherein  
said rectangular base member and said first and second rectangular side members are integrally formed together as a one-piece unitary member.

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6. The embeddable lintel block according to claim 1, wherein each of said spacers includes a first mounting flange fixedly coupled to said first longitudinal side member and a second mounting flange fixedly coupled to said second longitudinal side member.

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7. The embeddable lintel block according to claim 1, wherein said lintel block is constructed of metal.

8. The embeddable lintel block according to claim 1, wherein said spacer members are fixedly coupled to said first and second rectangular side members by welding.

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9. The embeddable lintel block according to claim 1, wherein said lintel block has at least four of said spacer members.

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10. The embeddable lintel block according to claim 1, wherein said rectangular base member has a first opening arranged at a first end of said lintel block and a second opening arranged at a second end of said lintel block.

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11. A method of forming a lintel in a block wall, comprising the steps of: constructing said block wall with an opening using a plurality of construction blocks coupled together by a cementing slurry;

installing and securing a modular lintel block into said block wall above said opening with said cementing slurry, said modular lintel block having a height and width substantially equal to a corresponding height and width of said construction blocks, and a length larger than a corresponding length of one of said construction blocks, said modular lintel block comprising

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a rectangular base member having a first longitudinal side and a second longitudinal side;

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a first rectangular side member coupled to said first longitudinal side of said rectangular base member;

a second rectangular side member spaced from said first rectangular side member and coupled to said second longitudinal side of said rectangular base member; and

5 a plurality of spacer members coupled between said first and second rectangular side members.

12. The method according to claim 11, wherein  
said length of said modular lintel block is substantially equal to a  
predetermined integer multiple of one-half lengths of said construction blocks.

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13. The method according to claim 11, wherein  
said spacer members are configured to form a substantially straight  
longitudinal passageway arranged between said first and second longitudinal side members.

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14. The method according to claim 13, wherein  
a lintel reinforcing bar is coupled to said modular lintel block within said  
longitudinal passageway.

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15. The method according to claim 14, wherein  
said rectangular base member has a first opening arranged at a first end of said  
modular lintel block and a second opening arranged at a second end of said modular  
lintel block.

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16. The method according to claim 15, further comprising the steps of:  
providing first and second wall reinforcing bars;  
inserting said first and second wall reinforcing bars in said first and second  
openings of said modular lintel block.

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17. The method according to claim 11, wherein  
said rectangular base member has a first opening arranged at a first end of said  
modular lintel block and a second opening arranged at a second end of said modular  
lintel block.

18. The method according to claim 17, further comprising the steps of:  
providing first and second wall reinforcing bars;  
inserting said first and second wall reinforcing bars in said first and second  
5 openings of said modular lintel block.

19. The method according to claim 11, further comprising the step of:  
pouring said cementing slurring into said modular lintel block.

10 20. The method according to claim 11, wherein  
said modular lintel block includes at least four of said spacer members.

21. The method according to claim 11, wherein  
said modular lintel block is constructed of metal.  
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